

Pre School SUMMER TERM MENU 2025

These weekly menus rotate throughout the summer term, including the Holiday Club weeks, which are highlighted in yellow.

Allergen information
(g) gluten
(d) dairy
(e) egg
(s) soya
(f) fish
(c) celery

GREEN indicates that a vegan option is available as mince or soya chunks.
✓ Indicates vegetarian option



Week 1		Week 2	
21 Apr 5 May 19 May 2 Jun 16 Jun 30 Jun 14 Jul 28 Jul 11 Aug		28 Apr 12 May 26 May 9 Jun 23 Jun 7 Jul 21 Jul 4 Aug	
MONDAY	Morning snack: Breadstick (g) & raisins	Morning snack: Ginger biscuits (g)	
	Lunch: Mild chicken curry Butternut & spinach curry ✓ Steamed rice & naan bread(g) Mixed vegetables/tomato wedges Orange polenta cake (g) (e) & sauce (d) Sliced apples Tea: Ravioli cheese bake (g) (d), sweetcorn and petit pain (g) Natural yogurt & sauce(d)	Lunch: Sweet & sour pork (c) Sweet chilli veg ✓ Noodles (g) Julienne carrots/lettuce Ice cream (d) & mango sauce Natural yogurt (d) & sauce Tea: Scrambled eggs, (e) toast (g)(s) and spaghetti hoops(g) Fruit platter	
TUESDAY	Morning snack: Digestive biscuit (g)	Morning snack: Breadstick(g) & cheese(d)	
	Lunch: Beef mince & soft tortilla (g) Vegetable lasagne (g) (d) (c)✓ Couscous (g) or jacket potato Sliced carrots/shredded lettuce Date crispy squares (g)(d)(s) Natural yogurt (d) & sauce Tea: Baked cheesy jacket potatoes(d), baked beans, and salad Creamy rice pudding (d)	Lunch: Caribbean chicken Cheese & tomato plait(d)(g) Crispy potato cubes (g) or steamed rice Sweetcorn /cucumber Lemon drizzle sponge(e)(g) & custard(d) Sliced pears Tea: Tuna sauce(f), orzo pasta (g) and mixed vegetables Natural yogurt (d) & sauce	
WEDNESDAY	Morning snack: Marmite whirls (g)	Morning snack: Chia flapjack square (g)	
	Lunch: Spanish sausages (c) (g) (s) Creamy mushrooms (d)(g) ✓ Steamed rice Broccoli florets/cucumber Butterscotch cake(g) (e) Sliced pears Tea: Salmon fishcake (g)(f), spaghetti hoops (g) and potato wedges Fromage frais (d)	Lunch: Beef meatballs in tomato sauce (c)(g) Vegetable & lentil potato layer (c) ✓ Spaghetti (g) Mixed vegetables/tomato wedges Raspberry cheesecake (d) (g) or jelly Orange wedges Tea: Chicken fillet bites(g) (s), mini hash potato bites, baked beans Fruit platter	
THURSDAY	Morning snack: Oaty biscuits (g)	Morning snack: Cheese biscuit (g) (d)	
	Lunch: Italian chicken Bean & vegetable chilli (c)✓ Pasta (g) Sweetcorn/grated carrots Apple & cherry crumble (g) & custard(d) Orange wedges Tea: Savoury mince, mashed potato and diced carrots Orange jelly	Lunch: Roast gammon & gravy(s) Cauliflower cheese bake (g) (d)✓ Roast potatoes Fine green beans Chocolate toothpaste (g) (d) Sliced apples Tea: Pitta pizza(g)(d), cucumber sticks and spaghetti hoops(g) Fromage frais (d)	
FRIDAY	Morning snack: Crackers (g) & cheese (d)	Morning snack: Carrot cake bites (g)(e)	
	Lunch: Cheese & tomato pizza (g) Tortellini (d) (g) (c) (e)✓ Skin on fries/wedges Baked beans and/or peas Ginger & chocolate cookies (g)(d)(s) Sliced melon Tea: Hot dog (g) , cucumber sticks and pasta (g) salad Fromage frais (d)	Lunch: Cod fillet fish fingers (g) (f) Vegetable enchilada (g) (d) (c) ✓ Skin on fries/wedges Baked beans and/or peas Vanilla fork biscuits Sliced melon/natural yogurt Tea: Pasta milanaise (g), garlic bread (g) and fine green beans Fruit platter	

For all allergy advice please ask a member of the Catering team.