

Little Pilgrims SUMMER TERM MENU 2025

These weekly menus rotate throughout the summer term, including the Holiday Club weeks, which are highlighted in yellow.

Allergen information
(g) gluten
(d) dairy
(e) egg
(s) soya
(f) fish
(c) celery

GREEN indicates that a vegan option is available as mince or soya chunks.
✓ Indicates vegetarian option



Week 1		Week 2	
21 Apr 5 May 19 May 2 Jun 16 Jun 30 Jun 14 Jul 28 Jul 11 Aug		28 Apr 12 May 26 May 9 Jun 23 Jun 7 Jul 21 Jul 4 Aug	
MONDAY	Morning snack: Breadstick (g) Lunch: Mild chicken curry ✓ Vegan curried soya ✓ Steamed rice & naan bread(g) Mixed vegetables Orange polenta cake (g) (e) & sauce (d) Tea: Ravioli cheese bake (g) (d), sweetcorn and petit pain (g) Natural yogurt & sauce(d)	MONDAY	Morning snack: Rice cakes & spread Lunch: Sweet & sour pork (c) Sweet & sour vegan strips(g) ✓ Noodles (g) Julienne carrots Ice cream (d) & mango sauce Tea: Scrambled eggs, (e) toast (g)(s) and spaghetti hoops(g) Fruit platter
TUESDAY	Morning snack: Rice cakes & spread Lunch: Beef mince & soft tortilla (g) Vegan mince(g) ✓ Couscous (g) Sliced carrots Banana yogurt whip (d) Tea: Baked cheesy jacket potatoes(d), baked beans, and salad Creamy rice pudding (d)	TUESDAY	Morning snack: Breadstick(g) & cheese(d) Lunch: Caribbean chicken Caribbean soya strips(g) Steamed rice Sweetcorn Mandarins & custard(d) Tea: Barbecue pork, penne pasta (g) & mixed vegetables Natural yogurt (d) & sauce
WEDNESDAY	Morning snack: Marmite whirls (g) Lunch: Spanish sausages (c) (g) (s) Vegan Spanish sausages(c) (g) ✓ Steamed rice Broccoli florets Natural yogurt & sauce (d) Tea: Salmon fishcake (g)(f), spaghetti hoops (g) and potato wedges Fromage frais (d)	WEDNESDAY	Morning snack: Chia flapjack square (g) Lunch: Beef meatballs in tomato sauce (c)(g) Vegan meatballs in sauce(g) (c) ✓ Spaghetti (g) Mixed vegetables Raspberry jelly Tea: Chicken fillet bites(g) (s), mini hash potato bites, baked beans Fruit platter
THURSDAY	Morning snack: Oaty biscuits (g) Lunch: Italian chicken Italian vegan soya strips (g) ✓ Pasta (g) Sweetcorn Apple crumble (g) & custard(d) Tea: Savoury mince, mashed potato and diced carrots Orange jelly	THURSDAY	Morning snack: Cheese biscuit (g) (d) Lunch: Roast gammon & gravy(s) Vegan slice & gravy ✓ Roast potatoes Fine green beans Melon slices Tea: Pitta pizza(g)(d), cucumber sticks and spaghetti hoops(g) Fromage frais (d)
FRIDAY	Morning snack: Crackers (g) & cheese (d) Lunch: Cheese & tomato pizza (g) Skin on fries/ Baked beans and/or peas Fruit platter Tea: Chicken teriyaki (g)(s), steamed rice and fine green beans Fromage frais (d)	FRIDAY	Morning snack: Bread & butter triangle(g)(s) Lunch: Cod fillet fish fingers (g) (f) Vegetable fingers(g) ✓ Skin on fries/wedges Baked beans and/or peas Natural yogurt (d) & sauce Tea: Pasta milanaise (g), garlic bread (g) and fine green beans Fruit platter

For all allergy advice please ask a member of the Catering team.