

# Pre School SUMMER TERM MENU 2024

These weekly menus rotate throughout the Spring term, including the Holiday Club weeks which are highlighted in yellow.

**Allergen information**  
 (g) gluten  
 (d) dairy  
 (e) egg  
 (s) soya  
 (f) fish  
 (c) celery

**GREEN** indicates that a vegan option is available as mince or soya chunks.  
 ✓ Indicates vegetarian option

	Week 1 22 Apr 6 May 20 May 10 Jun 24 Jun 8 Jul 22 Jul 5 Aug	Week 2 29 Apr 13 May 27 May 3 Jun 17 Jun 1 Jul 15 Jul 29 Jul 12 Aug
<b>MONDAY</b>	<b>Morning snack:</b> Breadsticks (g) <b>Lunch:</b> <b>Italian chicken</b> Italian soya (g) (c) ✓ Pasta (g) Diced carrots <b>Chocolate sponge (g) (e) &amp; sauce (d)</b> <b>Sliced fruit</b> <b>Tea:</b> <b>Sausage &amp; bean casserole (g) (s)</b> broccoli florets and petit pain (g) <b>Natural yogurt (d) &amp; sauce</b>	<b>Morning snack:</b> Digestive biscuit (g) <b>Lunch:</b> <b>Teriyaki style pork</b> Soya teriyaki strips(g)(c) ✓ Noodles (g) Fine green beans <b>Oaty apple crumble (g) &amp; custard (d)</b> <b>Sliced fruit</b> <b>Tea:</b> Vegetable & tomato sauce(c), pasta (g) garlic bread (g) & diced carrots <b>Fruit platter</b>
<b>TUESDAY</b>	<b>Morning snack:</b> Bread & butter (g) (s) <b>Lunch:</b> <b>Chilli con carne &amp; taco</b> Vegan chilli con carne(g) ✓ Steamed rice Peas & corn <b>Jelly or strawberry whip(d)&amp; wafer (g) (s) (d)</b> <b>Natural yogurt (d)</b> <b>Tea:</b> <b>Cod fish fingers(f) (g)</b> mashed potato and spaghetti hoops (g) <b>Rice pudding (d)</b>	<b>Morning snack:</b> Breadstick(g) & cheese(d) <b>Lunch:</b> <b>Cajun flavour chicken &amp; pitta (g)</b> Cajun flavour soya strips (g) ✓ Crispy potato cubes (g) Julienne carrots <b>Beetroot cake (g) (e) &amp; cream (d)</b> <b>Sliced fruit</b> <b>Tea:</b> <b>Beef meatballs (g) in tomato sauce,</b> pasta (g) & green beans <b>Fromage frais</b>
<b>WEDNESDAY</b>	<b>Morning snack:</b> Cheese biscuit (g) (d) <b>Lunch:</b> <b>Beef &amp; veg stew</b> Soya casserole(g) (c) Couscous (g) Mixed vegetables <b>Lemon Love-cake (g) (e) &amp; vanilla sauce (d)</b> <b>Sliced fruit</b> <b>Tea:</b> Ravioli & cheese (g) (d), bread & butter (g) (s) with sweetcorn <b>Fruit platter</b>	<b>Morning snack:</b> Apple cake (g)(e) <b>Lunch:</b> <b>Spanish sausages (c)(g)(s)</b> Vegan Spanish sausages(g) Steamed rice Mixed vegetables <b>Ice cream (d) &amp; caramel sauce (d)</b> <b>Natural yogurt (d)</b> <b>Tea:</b> Jacket potatoes, baked beans, grated cheese (d) & mixed salad <b>Natural yogurt &amp; sauce</b>
<b>THURSDAY</b>	<b>Morning snack:</b> Rice cakes <b>Lunch:</b> <b>Roast pork &amp; gravy (s)</b> Quorn vegan slice & gravy (s) ✓ Roast potatoes Broccoli florets <b>Flapjack (g) &amp; custard (d)</b> <b>Natural yogurt (d)</b> <b>Tea:</b> Garlic bread pizza slice(d) (g) baked beans & cucumber slices <b>Fromage frais (d)</b>	<b>Morning snack:</b> Cracker (g) & cheese(d) <b>Lunch:</b> <b>Moroccan chicken</b> Moroccan vegan strips (g) Mini rosti bites Sweetcorn <b>Chocolate toothpaste (g) (d)</b> <b>Sliced fruit</b> <b>Tea:</b> <b>Paprika pork,</b> couscous (g) and mixed vegetable <b>Fruit platter</b>
<b>FRIDAY</b>	<b>Morning snack:</b> Crackers (g) & cheese (d) <b>Lunch:</b> <b>Chicken fillet bites (g)(s)</b> Vegan nuggets (g) ✓ Skin on fries/wedges Baked beans and/or peas <b>Crunchy Anzac biscuit (g)</b> <b>Sliced melon</b> <b>Tea:</b> <b>Savoury mince,</b> Yorkshire pudding (g) (d) (e) & green beans <b>Fruit platter</b>	<b>Morning snack:</b> Marmite whirls (g) <b>Lunch:</b> <b>Battered fish (f) (g)</b> Vegetable fingers (g) Skin on fries/wedges Baked beans and/or peas <b>Iced sprinkle cake (g) (e)</b> <b>Natural yogurt (d) &amp; sauce/sliced melon</b> <b>Tea:</b> <b>Chicken curry,</b> steamed rice and cauliflower florets <b>Fromage frais</b>

For further allergy advice please ask a member of the Catering team.