LP'S & KG Spring TERM MENU 2024

These weekly menus rotate throughout the Spring term, including the Holiday Club weeks which are highlighted in yellow.

Allergen information
(g) gluten
(d) dairy
(e) egg
(s) soya
(f) fish
(c) celery

GREEN indicates that a vegan option is available as mince or soya chunks.
🌱 Indicates vegetarian option

	Week 1 (w/c) 8 Jan, 22 Jan, 5 Feb, 19 Feb, 4 March, 18 March, 8 April	Week 2 (w/c) 15 Jan, 29 Jan, 12 Feb, 26 Feb 11 March, 25 March, 15 April
MONDAY	**Morning snack:** Oatmeal biscuit (g) **Lunch:** **Sweet & sour pork (c)** Sweet & sour vegan strips 🌱 (g) (s) (c) Noodles (g) Fine green beans **Semolina (d) (g)** **Tea:** Salmon scrambled eggs (e) (f), potato wedges and spaghetti rings (g) **Natural yogurt (d) & sauce**	**Morning snack:** Crackers (g) & spread **Lunch:** **Caribbean chicken** Caribbean vegan strips 🌱 (g) (s) Steamed rice Sweetcorn **Bananas & vanilla sauce (d)** **Tea:** **Baked sausages (g) (s)** & gravy (s), mashed potato & cauliflower florets **Fruit platter**
TUESDAY	**Morning snack:** Breadsticks & cheese (g) (d) **Lunch:** **Tuna, tomato & vegetable sauce (f) (c)** Tomato & veg sauce 🌱 (c) Penne pasta & garlic bread (g) Sweetcorn **Oaty pear crumble & sauce (d) (g)** **Tea:** **Pork & chorizo casserole**, couscous (g) & diced carrots **Fromage frais (d)**	**Morning snack:** Vanilla scone (g) **Lunch:** **Bolognaise** Vegan mince Bolognaise 🌱 (g) (s) Spaghetti (g) Fine green beans **Rice pudding (d)** **Tea:** **Fish stars (f) (g)** crispy cubes (g) and baked beans **Natural yogurt (d) & sauce**
WEDNESDAY	**Morning snack:** Rice cakes **Lunch** **Savoury mince** Vegan savoury mince 🌱 (s) (g) Potato puffs Mixed vegetables **Banana yogurt whip (d)** **Tea:** Oven baked fish (f) (g), baked beans & mashed potato **Fruit platter**	**Morning snack:** Breadsticks & cheese (g) (d) **Lunch:** **Roast Gammon** & gravy Vegan slice 🌱 Roast potatoes Broccoli florets **Warm apple cake (g) (e) & natural yogurt (d)** **Tea:** **Barbecued chicken**, noodles (g) and mixed vegetables **Fromage frais (d)**
THURSDAY	**Morning snack:** Crackers & cheese bite (g) (d) **Lunch** **Mild chicken curry** Vegan mild curry strips 🌱 (g) (s) Steamed rice & naan bread (g) Diced carrots **Stewed apples & custard (d)** **Tea:** Cheese & vegetable pasta bake, (c) (g) (d) garlic bread (g) and peas **Fromage frais (d)**	**Morning snack:** Bread & butter sandwich (g) (s) **Lunch** **Beef meatballs in homemade sauce (g)** Vegan meatballs in homemade sauce 🌱 (g) (s) Spaghetti (g) Mixed vegetables **Jelly** **Tea:** Cheesy pitta (g) (d), spaghetti hoops (g) and cucumber sticks **Natural yogurt (d) & sauce**
FRIDAY	**Morning snack:** Seeded flapjack (g) **Lunch:** Cheese & tomato pizza (g) (d) Tortellini 🌱 (g) (d) (c) (e) Skin on fries/mashed potato Baked beans and/or peas **Natural yogurt (d) & strawberries (d)** **Tea:** **Chilli con carne**, steamed rice and mixed vegetables **Fruit platter**	**Morning snack:** Rice cakes **Lunch:** **Cod fillet fish fingers (g) (f)** Vegetable fingers 🌱 (g) Skin on fries/mashed potato Baked beans and/or peas **Fruit platter** **Tea:** **Carbonara (g) (d)** garlic bread (g) and broccoli florets **Fromage frais (d)**

For further allergy advice please ask a member of the Catering team.