

# Pre School SUMMER TERM MENU 2021

These weekly menus rotate throughout the summer term, including the Holiday Club weeks, which are highlighted in yellow.

Our kitchen uses seasonal, locally sourced ingredients.

**GREEN** indicates that a vegan option is available as mince or soya chunks.  
✓ Indicates vegetarian option

	<b>Week 1</b> 19 April 3 May 17 May 31 May 14 June 28 June 12 July 26 July	<b>Week 2</b> 26 April 10 May 24 May 7 Jun 21 Jun 5 Jul 19 July 2 Aug
<b>MONDAY</b>	<b>Morning snack:</b> Rice cakes  <b>Lunch:</b> <b>Italian chicken</b> or Gnocchi with spinach in tomato sauce ✓ Penne pasta Sweetcorn <b>Ginger cake &amp; custard</b> <b>Tea</b> Jacket potatoes, baked bean medley, cheese and grated carrot <b>Natural yogurt with sauce</b>	<b>Morning snack:</b> Breadsticks  <b>Lunch:</b> <b>Chilli con carne &amp; taco's</b> or Cauliflower & broccoli mornay ✓ Rice Julienne carrots <b>Pear crumble &amp; chocolate sauce</b> <b>Tea</b> Scrambled eggs, baked beans and rosti potato bites <b>Jelly</b>
<b>TUESDAY</b>	<b>Morning snack:</b> Bread & butter triangles  <b>Lunch:</b> <b>Spanish sausages</b> or Courgette gratin ✓ Steamed rice Mixed vegetables <b>Fruit cheesecake</b> <b>Tea</b> <b>Sea stars</b> , potato wedges and spaghetti hoops <b>Fruit platter</b>	<b>Morning snack:</b> Crackers & cheese  <b>Lunch:</b> <b>Turkey casserole</b> or Roasted pepper & onion quiche ✓ Herb diced potato Broccoli florets <b>Banana Flapjack</b> <b>Tea</b> <b>Cowboy mixed bean hotpot</b> , petit pain & green beans <b>Fromage frais</b>
<b>WEDNESDAY</b>	<b>Morning snack:</b> Breadsticks & cheese  <b>Lunch:</b> <b>Barbecue beef</b> or Cheese & tomato slice ✓ Noodles Green beans <b>Vanilla ice cream</b> <b>Tea</b> Assorted sandwiches, meat free mini sausage rolls & crudités <b>Rice pudding</b>	<b>Morning snack:</b> Rice cakes  <b>Lunch:</b> <b>Tuna and vegetable sauce &amp; tricolour pasta</b> or Vegetable & bean chilli ✓ Garlic bread Sweetcorn <b>Strawberry delight &amp; wafer curl</b> <b>Tea</b> <b>Moroccan spiced beef</b> & pitta pockets with diced carrots <b>Fruit platter</b>
<b>THURSDAY</b>	<b>Morning snack:</b> Pittas & spread  <b>Lunch:</b> <b>Roast gammon</b> & gravy or Macaroni & sweetcorn bake ✓ Roast potatoes Steamed cabbage <b>Chocolate toothpaste</b> <b>Tea</b> <b>Caribbean chicken</b> with steamed rice and diced carrots <b>Melon platter</b>	<b>Morning snack:</b> Oat & wholemeal biscuit  <b>Lunch:</b> <b>Chicken curry</b> & naan bread or Chick pea, paneer & spinach curry ✓ Steamed rice Mixed vegetables <b>Congress tart &amp; custard</b> <b>Tea</b> <b>Meat &amp; vegetable pie</b> , mashed potato and cauliflower florets <b>Fromage frais</b>
<b>FRIDAY</b>	<b>Morning snack:</b> Crackers & cheese  <b>Lunch:</b> <b>Wholemeal cheese pizza</b> or Lentil & vegetable layer bake ✓ Skin on fries/wedges Baked beans and/or peas <b>Apple muffins</b> <b>Tea</b> <b>Pasta milanaise</b> with sweetcorn and cucumber sticks <b>Fromage frais</b>	<b>Morning snack:</b> Marmite wheels  <b>Lunch:</b> <b>Cod fillet fish fingers</b> or Cheese & onion jackets ✓ Skin on fries/wedges Baked beans and/or peas <b>Chocolate cookies</b> <b>Tea</b> Macaroni cheese, garlic bread slice and broccoli florets <b>Fruit platter</b>

For all allergy advice please ask a member of the Catering team.