

Main School SUMMER TERM MENU 2021

These weekly menus rotate throughout the summer term, including the Holiday Club weeks, which are highlighted in yellow.

Our kitchen uses seasonal, locally sourced ingredients.

GREEN indicates that a vegan option is available as mince or soya chunks.
 Indicates vegetarian option

	Week 1 19 April 3 May 17 May 31 May 14 June 28 June 12 July 26 July	Week 2 26 April 10 May 24 May 7Jun 21 Jun 5 Jul 19 July 2 Aug
MONDAY	Morning snack: Rich tea & banana chips Lunch: Italian chicken or Gnocchi with spinach in tomato sauce  Penne pasta Sweetcorn Ginger cake & custard	Morning snack: Breadsticks and raisins Lunch: Chilli con carne & taco's or Cauliflower & broccoli mornay  Steamed Rice Julienne carrots Pear crumble & chocolate sauce
TUESDAY	Morning snack: Lemon courgette cake Lunch: Spanish sausages or Courgette gratin  Steamed rice Mixed vegetables Fruit cheesecake	Morning snack: Crackers & cheese Lunch: Turkey casserole or Roasted pepper & onion quiche  Herb diced potatoes Broccoli florets Banana Flapjack
WEDNESDAY	Morning snack: Breadsticks & cheese Lunch: Barbecue beef or Cheese & tomato slice  Noodles Green beans Vanilla ice cream	Morning snack: Carrot cake square Lunch: Tuna and vegetable sauce & tricolour pasta or Vegetable & bean chilli  Garlic bread Sweetcorn Strawberry delight & wafer curl
THURSDAY	Morning snack: Orange scones Lunch: Roast gammon & gravy or Macaroni & sweetcorn bake  Roast potatoes Steamed cabbage Chocolate toothpaste	Morning snack: Oat & wholemeal biscuit Lunch: Chicken curry & naan bread or Chick pea, paneer & spinach curry  Steamed rice Mixed vegetables Congress tart & custard
FRIDAY	Morning snack: Crackers & cheese Lunch: Wholemeal cheese pizza or Lentil & vegetable layer bake  Skin on fries/wedges Baked beans and/or peas Apple muffins	Morning snack: Marmite wheels Lunch: Cod fillet fish fingers or Cheese & onion jackets  Skin on fries/wedges Baked beans and/or peas Chocolate cookies

For all allergy advice please ask a member of the Catering team.