

Main School SUMMER TERM MENU 2022

These weekly menus rotate throughout the summer term, including the Holiday Club weeks, which are highlighted in yellow.

Our kitchen uses seasonal, locally sourced ingredients.

GREEN indicates that a vegan option is available as mince or soya chunks.
 Indicates vegetarian option

	Week 1 18 Apr 2 May 16 May 30 May 13 Jun 27 Jun 11 July 25 July 8 Aug	Week 2 25 Apr 9 May 23 May 6 Jun 20 Jun 4 July 18 July 1 Aug 15 Aug
MONDAY	Morning snack: Rich tea & banana chips Lunch: Caribbean chicken Mushroom curry  Steamed rice Minted peas Oaty cherry & apple crumble & custard	Morning snack: Breadsticks and raisins Lunch: Teriyaki beef Tortellini bake  Noodles Julienne carrots Banana & chocolate Flapjack
TUESDAY	Morning snack: Banana & date square Lunch: Vegetable & tomato sauce with pasta or Spinach cannelloni  Garlic bread Mixed vegetables Jelly & shortbread rounds	Morning snack: Jam sandwich Lunch: Fajita chicken & pitta bread Roasted vegetables Potato wedges Sweetcorn Toffee apple cake & custard
WEDNESDAY	Morning snack: Breadsticks & cheese Lunch: Savoury mince Butternut, veg & bean chilli  Petit pain or couscous Diced carrots Chocolate toothpaste	Morning snack: Orange & chia wholemeal cake Lunch: Jacket potatoes Cheese & onion quiche  Baked beans/ Tuna mayonnaise Cheese /Coleslaw/Sliced cucumber Mango & raspberry cheesecake
THURSDAY	Morning snack: Vanilla scones Lunch: Roast pork & gravy Cauliflower and broccoli mornay Roast potatoes Broccoli florets Marbled sponge & vanilla sauce	Morning snack: Crackers & cheese Lunch: Beef meatballs in veg & tomato sauce Vegetable moussaka Pasta twists Green beans Beetroot cake & cream
FRIDAY	Morning snack: Crackers & cheese Lunch: Chicken bites Stuffed peppers  Skin on fries/wedges Baked beans and/or peas Oat rounds	Morning snack: Marmite wheels Lunch: Baked sausages Potato, red onion & cheese bake  Skin on fries/wedges Baked beans and/or peas Cornflake crunch biscuit

For all allergy advice please ask a member of the Catering team.