

Progress Swim lessons for the Spring term will be groups of 3 max. and will begin on Tuesday 12th January 2021 and end on Saturday 17th March 2021.

The 11-week course will cost £132. Your completed booking form and payment should be received **as soon as possible** in order to process your booking prior to the start of the new term (deadline 9th December 2020).

Group sizes will be reviewed for Summer term 2021.

New COVID-19 processes

- Only one adult will be allowed to accompany a child to the swimming lesson.
- There will be no spectating pool side – adults will be expected to stay outside.
- Swimmers will come to the pool 'beach ready' with swim wear worn under clothing.
- No changing facilities after lessons, please bring warm and easy clothing to put on over wet swimwear.
- Teachers will not be able to help with hats and goggles; your child will arrive with these items on ready to commence the lesson.
- A one-way system will be in place outside the pool area.
- There will be no access to the changing rooms before or after the lesson.
- Swimmers will be encouraged to shower at home prior to and after their lesson to minimise the amount of time spent poolside.
- All Swimming Teachers will deliver their lessons from the poolside. Additional buoyancy aids will be used to ensure your child's safety, there will be no teaching in the pool.

<p>3+ YEAR OLD DOLPHINS Duckling Award Stage 1</p>	<p>Tuesday Wednesday Thursday Saturday</p>	<p>4:00pm 4:00pm 4:00pm 9:45am, 10:30am and 11:15am</p>
<p>SHARKS Stages 1 to 5</p>	<p>Tuesday Wednesday Thursday Saturday</p>	<p>4:00pm and 4:45pm 4:45pm 4:45pm 9:00am and 9:45am</p>

Telephone Mrs Suzanne Ryall on: 01234 369555
email: enquiries@pilgrims-school.org.uk
website: pilgrims-school.info

BOOKING

We are now operating a **FIRST-COME, FIRST-SERVED** booking system. Payment must be provided with your form, to secure your place. You will be notified (via email) **only** if your child's booking **has not been successful** and so we can offer an alternative session.

COSTS

Cost for the 11-week term is £132. Places cannot be allocated until full payment has been received. Please make your cheque payable to '**Pilgrims Pre Prep**'. Please note that payments are non-refundable. Payment in cash is also accepted, although parents should be aware that change cannot always be provided at the time payment is made, nor a receipt.

HOW TO BOOK

Please complete the attached booking form and return it with your payment to Pilgrims School at the address listed below, or hand deliver to the school Reception or one of the Swimming Teachers. Payment **must** be supplied with the booking form.

Please ensure you include your email address/mobile number on the Personal Details form; should it be necessary to cancel a lesson, we will contact you using email and/or text.

One to One sessions

If you are interested in 1-2-1 swim sessions please speak to one of the swimming teachers and we will accommodate where we can. The cost is £21 per session (£231 for the 11-week term).

ALL THE CHILDREN IN SHARKS AND DOLPHINS ARE REQUIRED TO WEAR A SWIMMING HAT AND ALL BOYS ARE ASKED TO WEAR SWIMMING TRUNKS AND NOT SHORTS.



Please send your booking form and payment to:
Progress Swim, Pilgrims Pre Prep School,
Brickhill Drive, Bedford, MK41 7QZ



CHILD'S NAME:

DOB:

I would like to book the following session for my child.

3+ YEAR OLDS (DOLPHINS) - working towards Duckling 1 to 4 and Stage 1

	4:00pm	9:45am	10:30am	11:15am
TUESDAY		N/A	N/A	N/A
WEDNESDAY		N/A	N/A	N/A
THURSDAY		N/A	N/A	N/A
SATURDAY	N/A			




SHARKS - working towards Stages 1 to 4

	4:00pm	4:45pm	9:00am	9:45am
TUESDAY			N/A	N/A
WEDNESDAY	N/A		N/A	N/A
THURSDAY	N/A		N/A	N/A
SATURDAY	N/A	N/A		

WAIVER FORMS

Before your swim you will be asked to sign a waiver form to confirm that none of your family are displaying any of the following symptoms;

- High temperature
- A new continuous cough
- A loss of, or change in, your normal sense of taste or smell

Home address:		
e-mail address		
Telephone:		
Mobile:		
Doctor's name / address / tel:		
Emergency contact name & number:		
Please indicate below if there are any medical conditions we need to be aware of with regards to your child:		
Please indicate below if your child has been awarded any badges:		
		
DUCKLINGS	STAGES / LEVELS	DISTANCE
PARENTAL SIGNATURE:	DATE:	

Please send your booking form and payment to:
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