



LUNCH MENU : WEEK 2 (w/c 9th Jan, 6th Feb, 5th Mar)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT OR VEGETARIAN	Savoury Mince	Roast Turkey	Italian Chicken	Salmon & Cod Fish Pie	Pizza
	Ratatouille	Onion & Feta Cheese Tart	Vegetable Risotto	Tomato Pasta	Tortellini
VEGETABLES AND SIDE DISHES	Mixed veg Cauliflower Boiled Potatoes Garlic Bread	Broccoli Sweetcorn Roast potatoes	Carrot Roast Parsnips Mashed Pots Pasta	Green Beans Mushrooms Rice Herby Dice	Baked beans Peas Chips Potato Wedges
					
DESSERT	Pineapple Upside Down Pudding & Custard	Lemon Love Cake & Custard	Choc Chip Sponge & Sauce	Strawberry Shortbread & Strawberry Sauce	Gingerbread Men
 <p>Selection of seasonal fresh fruit and yoghurt</p>					

All of our meat is purchased locally from DavidJon Butchers, a local family owned butchers established for over 30 years.

All our fresh fruit and vegetables are supplied by AB Fruits, a Bedford-based supplier who has strong relationships with local growers and farmers.

All our meat, fresh fruit and vegetables are delivered to Pilgrims on a daily basis.

Special dietary requirements relating to medical conditions or religious observance are catered for.